



HERMOSA VIEW K-3 ACTIVITY LIST

Join us for some End of the School Year Fun!

Complete the activities all week and tell us what you did to be entered in our Raffle!

CLICK HERE for the Activity Form and make sure to **submit** by 3pm on Friday, 6/12.

PHYSICAL CHALLENGES

- Time yourself in a **50 Yard Dash**
- How long you can hold a **Wall Sit?**
- How far can you **Crab Walk?**
- How Many **Jumping Jacks** can you do in 30 seconds?
- How many **Curl Ups/Sit Ups** can you do in 30 seconds?

THE SILLY STUFF

- Face the Cookie
- Dizzy Bat
- Dance Challenge - What's Your Best GoNoodle Dance?
- Sack Race versus your family
- Penguin Waddle with Balloon or Ball
- BONUS ACTIVITY:** Send a Card to Someone Making a Difference in our Community

I'VE GOT SPIRIT, HOW 'BOUT YOU? DRESS UP DAYS

- Monday - Let's Kick off Spirit Week with a Spirit Wear Day!
- Tuesday - We're All Doing it Anyway! Official PJ/Comfy Clothes Day!
- Wednesday - Make it a Wacky Wednesday (mismatch and/or inside out outfits)!
- Thursday - Let's go nuts, it's Crazy Hair or Hat Day!
- Friday - It's the end of the year & the end of our Spirit week - Aloha Friday!

SHARE YOUR PICTURES USING #HVSGoetheDistance

Participate as much or as little as you want!
Raffle Winners will be announced on Monday, 6/15.

