
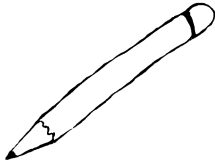








View Kindness Week

January 27 - 31, 2020

Monday	Tuesday	Wednesday	Thursday	Friday
				
<p>Start with hello!</p> <p>Say "hi" to 3 people you've never talked to before.</p> <p>Sit next to someone new at snack or lunch.</p>	<p>Express your gratitude!</p> <p>Write a thank you note to someone who has done something nice for you.</p> <p>Remember to say please and thank you</p>	<p>Use your words to inspire or bring joy!</p> <p>Give a compliment.</p> <p>Stand up for a friend.</p>	<p>Be kind to <u>yourself</u>!</p> <p>Look in the mirror and give yourself a compliment.</p> <p>Write a note to yourself about something you're good at.</p>	<p>Give out high fives all day long.</p> <p>Invite someone new to play with you at recess.</p> <p>Tell 3 people they're doing a good job.</p>
 <p>Please bring in canned goods to the office. The Girl Scout Troop will be bring the donations to those in need. Thank you for your generosity!</p>				

Find additional ideas and resources at:
thegreatkindnesschallenge.com
awesomeupstander.com
randomactsofkindness.org