



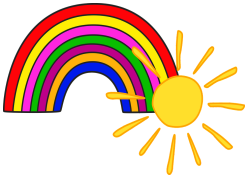





Valley Kindness Week

A celebration of Kindness

January 27 - 31, 2020

Monday	Tuesday	Wednesday	Thursday	Friday
				
<h3>Say Hi and Wear Tie Dye</h3> <p>“Peace, Love, and Kindness”: Wear your most PEACEful clothing (think...what makes you peaceful?)</p> <p>Activity: You put the “I” in KIND - prove it by having a cool picture taken during lunch in the bowl.</p> <div style="text-align: center;">  <p>K ND</p> </div>	<h3>“Tutu” Tuesday</h3> <p>Double your acts of Kindness Today: Wear your favorite Tutu</p> <p>Activity: One kind act deserves another. Double the kindness. Suggestions: Make two new friends today or invite two new people to join you at lunch etc...</p>	<h3>Team Work makes the Dream work</h3> <p>Work together to be kind: Team Jersey shirt or sweatshirt</p> <p>Activity: During lunch students can write notes to recognize a “Team Player”</p> <p>Blank notes will be available in the Bowl during lunch</p>	<h3>Compliment Day</h3> <p>Tied together by kindness: Wear your favorite tie (or your dads or grandpas)</p> <p>Activity: Compliment someone in your class, out at nutrition, and before/after school on something you see them doing that is kind.</p>	<h3>Show your shine</h3> <p>Kindness Shines: Wear bright and bold colors to light up our school.</p> <p>Activity: Share with someone an act of kindness you did that you feel good about. Then write a letter to someone who you saw doing an act of kindness.</p> <p>Blank notes will be available in the Bowl during lunch</p>

Find additional ideas and resources at:

thegreatkindnesschallenge.com

awesomeupstander.com

randomactsofkindness.org